

# Sechrist Construction and Remodeling, Inc.

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## REPLACE THE WINDOWS

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You will have a hard time finding a project that brings as many benefits and stretches your investment dollar farther than new windows. You will start enjoying those benefits on the very first day.

These days, windows do more than simply bring light and airflow into a space. Advanced window technology provides homeowners with sound reduction, enhanced energy efficiency and improved functionality.

New or replacement windows help combat that noise we live with every day by providing you with a more restful environment. Insulating frames and triple-pane glass can help reduce the noise from traffic, lawn mowers and barking dogs—which means more peace and quiet for you.

The argon gas between the glass of dual or triple pane windows helps prevent heat transfer and reduces the amount of ultraviolet rays that enter your home. Replacement windows form a tight seal with your home and prevent air leaks. They can help keep climate-controlled air in and your living space more consistently comfortable, ultimately helping to lower your energy costs.

Windows that don't open easily or are painted shut are more than just an annoyance—they can be a safety hazard, for example when trying to escape during a fire. Newer windows also feature enhanced security options, including up-to-date locks and security sensors, providing homeowners with additional peace of mind.

Today's windows are designed to be low maintenance with convenient features like between-the-glass blinds reducing the need for dusting and sashes that tilt in make it easier to clean places that used to be harder to reach. Spend less time cleaning and more time seeing through your beautiful new or replacement windows. You are going to love the view!



### STAN MUSIAL

*"How good was Stan Musial? He was good enough to take your breath away."* Vin Scully

Born in 1920, Stanislaw Franciszek Musial, Stan the Man, became an American baseball outfielder and first baseman for the St. Louis Cardinals. Widely considered to be one of the greatest and most consistent hitters in baseball history he was the first-ballot inductee into the Baseball Hall of Fame in 1969. At the time of his retirement, Musial held 17 major league records, 29 NL records, and nine All-Star Game records. It is likely that he would have become the second player, after Babe Ruth, with 2,000 RBI, and would have exceeded 500 career home runs had he not stopped playing ball and served in the military during the war. Tony Gwynn has been the only player to finish his career with a higher lifetime batting average than Stan Musial. Hank Aaron has been the only player to surpass Musial record of 6,134 total bases. Stanley was never ejected from a game. He married his high school sweetheart and stayed married to her for the rest of their lives. All his life he carried a quiet disposition and good reputation within the sport's history. All Musial represents is more than two decades of sustained excellence on and off the field. A real baseball great!

# Finally My Winter Fat is Gone. Now I Have Spring Rolls

## Good Vibrations

My dad died unexpectedly at age 78, leaving our family heartbroken. During the funeral, my sister felt her phone vibrate in her purse. She was a little surprised that someone would be calling her, knowing she was at dad's funeral. Afterward, she found there was a message: "Hi, this is your dad," said the male voice. "I wanted to let you know I made it home." The caller obviously had the wrong number, but the message was clear. My dad had completed his journey and wanted us to know.

*You're braver than you believe, and stronger than you seem, and smarter than you think.*

A.A. Mine

## Fun Facts About Everything

- The armadillo shell is bulletproof
- Chicago, the Windy City, was coined by 19th Century journalists who were referring to the fact that its residents were "full of hot air".
- Johnny Appleseed's fruits weren't for eating-he planted apple trees to have the apples be made into hard apple cider. 
- Pat's King of Steaks, from the City of Brotherly Love first coined the classic sandwich-Philly Cheesesteak in the 1940s.
  - A cow-bison hybrid is called a "beefalo".
  - "Running amok" is a medically recognized mental condition
- Bob Heft, a junior in high school, designed the current American flag in 1958. 
- Wyoming, the 10th largest state, is the least populated stated with only 579,000 residents.
- The French Poodle isn't actually French. In fact, the word "poodle" comes from the German word "pudelhund" a combination of words meaning "dog" and "to splash".

## Light The Future



Nick Holonyak, Jr., the son of immigrants from what is now Ukraine, was born in 1928 in Zeigler, IL.

At age 14, his father, a coal miner, persuaded him to take any job above ground. Nick took a grueling job for the Illinois Central Railroad for a time and after WWII ended, he took advantage of the GI Bill and enrolled in a satellite college campus where he excelled in electrical engineering.

After earning his Ph.D. Holonyak worked at Bell Telephone Laboratories and after two years of work he went on to serve time in the U.S. Army. He is an American engineer who is known for his pioneering work with light-emitting diodes (LEDs), notably creating the first visible LED.

He developed the first visible red laser used in displays and lighting, and the use of various alloys in colored light sources, which led to reduced energy consumption worldwide and contributed to the realization of optical data communications as the backbone of the internet.

Holonyak, an inventor way ahead of his time, predicted that LEDs would replace the incandescent light bulb of Thomas Edison. Sure enough, LEDs keep improving in quality and efficiency and they are replacing incandescents as the bulb of choice today.

**HAPPY FATHER'S DAY!**

# Email the Expert

My ESL students try so hard and are so appreciative. One student paid me the ultimate compliment when she said, "You teach English good." Another assured me, "I will always forget you." And a third insisted, "I thank you from the heart of my bottom." *Ellen Israel, Alamo, California*

**Q** — Our doorbell stopped ringing. Can it be fixed or do we need to purchase a new doorbell?

Doug and Cindy

**A** – Thank you for your question. Most often, a doorbell can be repaired without having to purchase a new doorbell. The pushbutton is the most likely culprit. Doorbell buttons are connected to low-voltage wires, so you don't have to cut the electric in your home. Remove the screws that hold the button in place and pry the pushbutton out with a putty knife. Disconnect the two wires from the button and touch them together. If the doorbell rings, the button is the problem and you can solve it simply by connecting a new button.

Do you have a question you would like to ask? EMAIL THE EXPERT by sending your question to [steve@sechristconstruction.com](mailto:steve@sechristconstruction.com). Please be sure to include your name and phone number in case additional information is required to answer your question.

## Worx Landroid M 20V

The Worx Lanroid M 20V Cordless Robotic Lawn Mower does not come cheap, but it's one of the least expensive models out there and it does an excellent job of mowing and trimming your lawn. It works with a slick mobile app that lets you control it from anywhere. In addition to starting and stopping the mower and adjusting cuttings schedules, the app lets you monitor the mower's progress and will send status alerts to let you know what it is currently doing and if there are any issues. It will even tell you where the mower is in the event that someone decides to liberate it from your property.



We are all looking forward to the warm, perfect days that spring promises. The songbirds sing a cheery melody, the leaves rustle in the gentle breeze and the fragrant flowers sway in the summer sun. However, as spring kicks off, a wide range of weather will be set in motion. We can expect heavy rainfall, booming thunderstorms, flooding, high wind conditions and power outages in the new season. With such conglomerate weather conditions in the forecast it is hard to predict what damages your home could sustain. **BUT!**

We are here for you! Call on Sechrist Fire & Water Damage Restoration in your home emergency. We have the ability to restore your home back to its original likeness. From beginning to end, we can do it **ALL.**

Did you hear about the notebook who married a pencil? She finally found **Mr. Write.**



**Sechrist**  
**FIRE & WATER**  
**DAMAGE RESTORATION**  
**570-419-2021**

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Serving Clinton  
and Lycoming  
Counties

## CREW

**Steve Sechrist**  
**Charlie Diffenderfer**  
**Sara Hart**  
**David Lehman**  
**Anthony Lorson**  
**Logan McAndrew**  
**Kevin Snyder**



**Check out our Website:**  
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## FROM THE DESK:

Can you believe it has been 22 years since we started our business? We have met many industry challenges over the years but nothing beats 2021. Material prices are outrageous, items needed are out of stock and more employees are hard to find. But the demand for the finished product is ravenous. We continue to push forward to meet the challenges head on for you. We appreciate YOU!

Steve

## Bacon-Wrapped Jalapeno Peppers

People describe this hors d'oeuvre as a "party in your mouth," and it only requires four ingredients.

### Ingredients

- ◆ 1 pkg thick-sliced bacon
- ◆ 8-10 medium jalapenos
- ◆ 1 pkg cream cheese, softened
- ◆ 1/2 cup Craisins

Preheat your oven to 350 degrees. Line a cookie sheet with aluminum foil and set a wire cooling rack on top of it. Lay out the bacon evenly. Bake for about 8 minutes.

1. Prepare your jalapenos by slicing them in half. Then remove the seeds and white flesh with a spoon.
2. In a bowl, mix together cream cheese and craisins. Fill jalapeno halves with cream cheese mixture.
3. Wrap filled jalapenos with partially-cooked bacon.
4. Place your wrapped jalapenos back onto the wire cooling rack in your foil-lined baking pan. Return to the oven set at 350 degrees and bake for 20-25 minutes.



**GREEN TIP:** Hang your laundry out to dry. It saves money on electricity, your clothing will last longer, it uses fewer chemicals to dry laundry on the line, its therapeutic and most of all, your clothes will smell FRESH!

